MARCH 2018

Speaking to baby throughout the day helps to build vocabulary. The larger the vocabulary, the better baby will understand language and what she reads later on. Make sure to imitate baby’s sounds and to make baby part of the conversation. Try asking open-ended questions and waiting for an answer.

BABY

- Use diaper changing time to give names to feet, socks, diapers, “brrrr-COLD”, “STINKY!” Take your feet out of your sock “P—U”! Be animated! It helps keep baby’s attention.

TODDLER

- Give your toddler a choice: Do you want to sleep with bear or lamb? Would you like to drink water or milk? Would you like to be “in the stroller” or “out of the stroller?”
- Talk about the sounds that things make in your child’s world: Carrots—CRUNCH! Door-bells—DINGDONG! Trains - CHOO CHOO!

PRESCHOOLERS

- Talk to your child about an upcoming birthday or other special occasion. When is it? What different things do you do on that special day?
- March begins with the letter “M”. How many things can you find that begin with that sound? Now try the first letter of your child’s name.

DO

Look at the pictures and talk about them. What are they doing?

SIGN!

Curve the fingers of your right hand, touching the thumb-tip to the pointer finger tip, forming a pretend cup. Gather your left hand fingertips and put them inside the circle of the right hand for “IN”. Pull them out for “OUT”.

Sign of the Day

IN/OUT