Writing in applesauce on a high chair with a finger, or scribbling with a crayon, helps baby develop fine motor skills. When you practice the first letter of their name, it further makes a connection between spoken and written words. Playing with play dough, LEGO, or stringing beads are wonderful ways to increase these skills.

**BABY**
- Use Baby’s finger to draw a heart shape in baby food on the chair tray. Practice picking up tiny things like cheerios or peas.
- Let baby turn the pages of his book. This develops fine motor skills... important for writing later on.

**TODDLER**
- Let your child breathe on the cold window and write the first letter of her name with her finger.
- Make a valentine with your child. Let him “write” a message. Scribbling is good writing practice.

**PRESCHOOLERS**
- Take out the paints and practice color mixing. Can you blend 2 colors together to create a special Valentine?
- Be a “pincher bug”. Use a chip clip and pick up all sorts of things.

**DO**
Can you trace your finger to the center heart?

**SIGN!**
With your palm down, round the fingers on your right hand. With the tip of the middle finger of the right hand, tap the back of your left hand. Say “touch it“.